

**FREE INSIDE YOUR FAT BURNING BIBLE**

**MALAYSIA**  
MARCH 2013

**100% USEFUL!**

# Men's Health

**MALAYSIA'S NO. 1 MEN'S LIFESTYLE MAGAZINE**

[www.mens-health.com.my](http://www.mens-health.com.my)

# LEAN MUSCLE NOW!

**18 DAYS TO YOUR SPARTACUS BODY**

## YOUR BEST DIET EVER!

**TASTY GUT STRIPPING  
SUPERFOODS ON P62**

# SEX



## KISS YOUR WAY INTO HER BED

PG48

**MH GUY  
ALEX YOONG**  
on succeeding away  
from the track

## Cheat Death with Maths

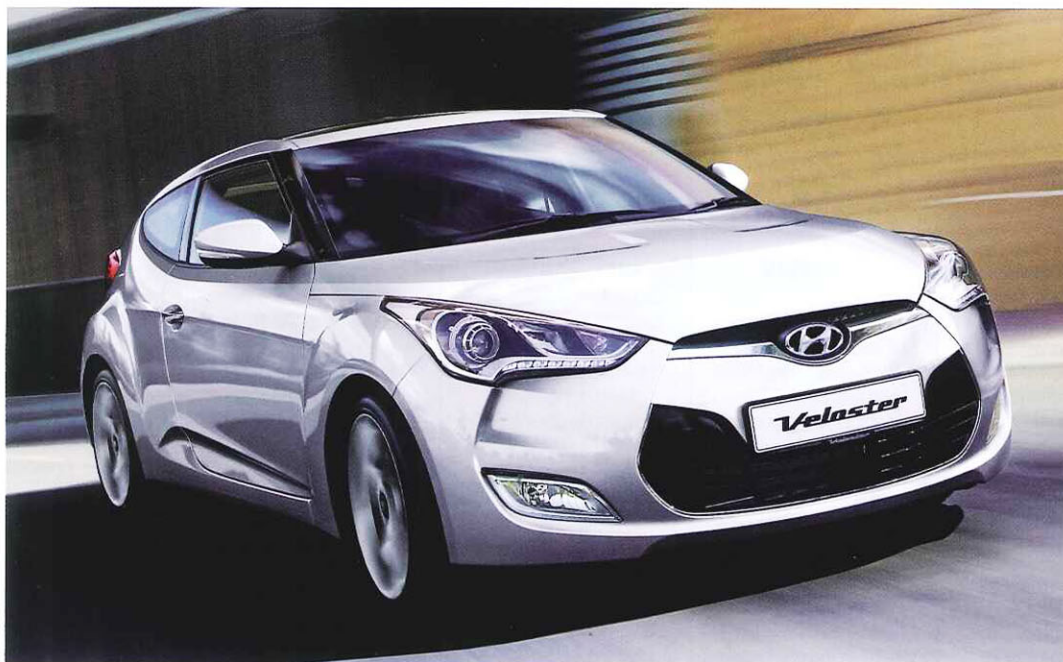
# MEN & MACHINES

**FIND YOUR  
DREAM CAR**

**SAVE 50%  
ON FUEL**

**GET THE COOLEST  
DRIVING THREADS**





## HYUNDAI

**2 Become 1**

Hyundai launches its new compact sporty coupé, the Veloster. Combining the styles of a coupé and a hatchback, the 1+2 door Veloster is fitted with McPherson strut suspension, coil springs, gas shock absorbers and a 24mm diameter front stabiliser, while the rear is integrated with stabiliser bar for greater stiffness and better control of body roll. The car comes in three variants: Gamma 1.6 M/T (RM116, 888), Gamma 1.6 A/T (RM121, 888) and Gamma 1.6 A/T Premium (RM 132,888).

[www.hyundai.com.my](http://www.hyundai.com.my)



## RADO

**Ticking Comfort**

The new model of Rado HyperChrome is made for comfort. Made of Ceramos which is lightweight, this timepiece is ultra hard, scratch-resistant and adaptable to the wearer's skin temperature. Boasting durability as well, the model comes in rose and yellow-gold coloured elements, and is available in small (quartz models) and large (automatic models). [www.rado.com](http://www.rado.com)

## JEEP

**Natural Outfit**

Jeep heralds nature lovers and travellers with the latest collection themed *Love the Earth*. Ideal for work and play in our tropical climate, the apparels include cargo pants, checked shirts and jackets in earthy tones, while shoes, calf leather boots and shoes bear rugged designs for travelling and social occasions. They are priced from RM39 to RM399.

[www.facebook.com/JeepApparelMY](http://www.facebook.com/JeepApparelMY)

## BALLY

**Polished Style**

Can't get enough of Swiss-made quality leather goods? Bally sees to this with the opening of its new store in Suria KLCC (Level G). Spanning 1,600sqft, Bally's product range includes handbags, leather accessories and sartorial jackets. [www.bally.com](http://www.bally.com)

